

Health Services Requirements

Dear Student,

On behalf of Dexter Health Services, I would like to welcome you to American International College. In order to meet your health care needs when you arrive, and to comply with the requirements of the Commonwealth of Massachusetts, you will need to complete and submit the required health forms found on our website at <http://www.aic.edu/healthservices> by August 1st.

MASSACHUSETTS IMMUNIZATION REQUIREMENTS FOR COLLEGE STUDENTS

All full-time students, including undergraduate and graduate students, and all part-time health science students must meet the following immunization requirements:

1. Two doses of MMR (Measles, Mumps and Rubella) or laboratory report stating immunity.
2. One dose of Tdap (Tetanus, diphtheria and pertussis). Td or Tdap should be given if ≥ 10 years since Tdap.
3. Complete Hepatitis B series (3 doses) or laboratory report stating immunity.
4. Meningococcal (1 dose of MenACWY (formerly MCV4) is required for all full-time students 21 years of age or younger). The dose of MenACWY must have been received on or after the student's 16th birthday. Meningococcal B vaccine is recommended but does not meet the meningococcal (MenACWY) vaccine requirement.
5. Two doses of Varicella vaccine or laboratory report stating immunity.
6. Physical Exam is required for ALL students. Physical must be within the past year.

COVID-19 Vaccine Requirement: AIC requires all students and employees who will be on campus for any in-person classes or work to be fully vaccinated against COVID-19 for the 2022-2023 academic year. Fully vaccinated is defined on-campus as having completed the primary series of the Pfizer, Moderna or J&J vaccine or the primary series of a WHO authorized vaccine. Please [provide proof of vaccination](#) prior to coming to campus and no later than August 12, 2022. AIC highly recommends all students and employees to receive COVID-19 booster doses when eligible.

Additional Requirements for Student Athletes:

- The NCAA requires a physical exam be completed **WITHIN 6 MONTHS** of beginning participation in college athletics.
- Sick cell trait screening/solubility test is required for all athletes (newborn screening or recent blood test)

Additional Requirements for Health Science Students (Nursing, PT, OT)

- 2-step Mantoux test initially, then one annually (TB skin test/PPD). QuantiFERON-TB Gold is also accepted.
- Influenza (flu) vaccine will be required yearly.

Student Health Insurance

- Health insurance is mandated by the State of Massachusetts. Students must submit an enrollment/waiver form **every year** by August 1st. To complete the process, go to https://my.aic.edu/ICS/Offices/Office_of_Student_Accounts/Student_Health_Insurance.jnz. Please contact the Office of Student Accounts (413.205.3254) regarding any questions related to student health insurance.

Please upload your completed health forms to your AIC patient portal by going to <https://aic.medicatconnect.com/>, selecting "Upload," and choosing the appropriate document from the drop-down menu. Completed forms may also be mailed to Dexter Health Services, American International College, 1000 State Street, Box 55, Springfield, MA 01109.

Thank you,

Kaelly Miller, PA-C
Director of Health Services

Dexter Health Services
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