

Health Requirements

All full-time students, including undergraduate and graduate students, and all part-time health science students must meet the following immunization requirements:

1. Two doses of MMR (Measles, Mumps and Rubella) or laboratory report stating immunity.
2. One dose of Tdap (Tetanus, diphtheria and pertussis). Td or Tdap should be given if ≥ 10 years since Tdap.
3. Complete Hepatitis B series (3 doses) or laboratory report stating immunity.
4. Meningococcal (1 dose of MenACWY (formerly MCV4) is required for all full-time students 21 years of age or younger). The dose of MenACWY must have been received on or after the student's 16th birthday. Meningococcal B vaccine is recommended but does not meet the meningococcal (MenACWY) vaccine requirement.
5. Two doses of Varicella vaccine or laboratory report stating immunity.
6. Physical Exam.

Please upload your completed health forms to your AIC patient portal by going to <https://aic.medicatconnect.com/>, selecting "Upload," and choosing the appropriate document from the drop-down menu. Completed forms may also be mailed to Dexter Health Services, American International College, 1000 State Street, Box 55, Springfield, MA 01109.

COVID-19 Vaccine Requirement: AIC requires all students and employees who will be on campus for any in-person classes or work to be vaccinated against COVID-19. Please [provide proof of vaccination](#) of your primary series of the COVID-19 vaccine(s) prior to coming to campus. AIC highly recommends all students and employees receive COVID-19 booster doses when eligible.

Additional Requirements for Student Athletes:

- The NCAA requires a physical exam be completed **WITHIN 6 MONTHS** of beginning participation in college athletics.
- Sick cell trait screening/solubility test is a blood test required for all athletes (newborn screening, sickle cell, Hemoglobin S, or hemoglobin solubility test).

Additional Requirements for Health Science Students (Nursing, PT, OT)

- 2-step Mantoux test initially, then one annually (TB skin test/PPD). QuantiFERON-TB Gold is also accepted.
- Annual Influenza (flu) vaccine.

Student Health Insurance

- Students must submit an enrollment/waiver form **every year**. To complete the process, go to https://my.aic.edu/ICS/Offices/Office_of_Student_Accounts/Student_Health_Insurance.jnz.

Please contact the Office of Student Accounts (413.205.3254) regarding any questions related to student health insurance.