

1000 State Street | Springfield, MA 01109 | 413-737-7000 | aic.edu

Health Requirements for the 2025-2026 Academic Year

1. Immunizations Records: required for all students who attend any classes, sports, activities or live on campus. You must upload your records to the AIC Patient Portal at: <u>https://aic.medicatconnect.com/</u> Please note: All records must be translated into English and dates must be written in MM/DD/YYYY format.

Tdap	1 dose; given within the last 10 years.
Hepatitis B	3 doses; or laboratory evidence of immunity acceptable; or 2 doses of Heplisav-B given on or after 18 years of age are acceptable.
MMR	2 doses; first dose must be given on or after the 1 st birthday and second dose must be given ≥ 28 days after first dose; or laboratory evidence of immunity acceptable (positive titers).
Varicella	2 doses; first dose must be given on or after the 1 st birthday and second dose must be given \geq 28 days after first dose; or a reliable history of chickenpox documented by a medical provider; or laboratory evidence of immunity acceptable.
Meningococcal	1 dose; 1 dose MenACWY (formerly MCV4) required for all full-time students 21 years of age or younger. The dose of MenACWY vaccine must have been received on or after the student's 16 th birthday. Doses received at younger ages do not count towards this requirement. Students may decline MenACWY vaccine after they have read and signed the <u>MDPH Meningococcal Information and Waiver</u> Form. Meningococcal B vaccine is not required and does not meet this requirement.

2. Physical Exam: All students must submit an annual physical exam completed by a licensed medical provider (MD, DO, PA or NP).

3. Student Health Insurance Program (SHIP) Enrollment or Waiver: to be completed every year online through the Office of Student Accounts:

https://aicportal.jenzabarcloud.com/ICS/Billing amp Financial Aid/Student Accounts/Student Health Insurance.jnz

4. **Tuberculosis (TB) Screening Questionnaire:** To be completed prior to arriving to campus. If you answered "yes" to any of the <u>screening questions</u>, please submit a copy of negative IGRA results.

Additional Requirements for Student-Athletes:

Concussion Vital Signs: <u>https://aicyellowjackets.com/Sports_Medicine/Medical_Paperwork.</u>

Items to be uploaded/completed via the AIC Patient Portal: https://aic.medicatconnect.com/

- Pre-Participation Screening Form
- □ Sports Medicine Health Questionnaire
- □ Physical exam conducted within the six months before the start of athletic participation. Example: if your preseason starts on August 18, 2025, your physical needs to be conducted on or after February 18, 2025. *Please plan accordingly as some health insurance policies may not cover more than one physical per calendar year.*
- □ Sickle cell trait screening results (Sickledex or Hemoglobin S solubility blood test).
- □ Medical Clearance Form signed by your physician if you have been injured or are having surgery over the summer.
- \Box A copy of your health insurance card (front and back).

Items to be completed via ARMS Profile under "Health Forms"

- □ Concussion Education
 - Consent Release Form

- Medical History Form
- □ Sickle Cell Education

Additional Requirements for Health Science Students (Nursing, PT, OT):

- □ 2-step Mantoux (TB skin test/PPD), QuantiFERON-TB Gold, or T-Spot.
- □ Seasonal Influenza (flu) vaccine each Fall.

All complete health forms must be uploaded by August 1st to the AIC Patient Portal: <u>https://aic.medicatconnect.com/</u>