

Content Category #1: Exploring Scientific World			7 or 10 credits*
Requirements: 1 Math Course (3 cr) & 1 Science course w/Lab (4 cr). A 2 nd science course*, with or without lab, may be completed in lieu of one INT course.			
Choose 1	Math	MAT1430, MAT2004, PSY2302	
Choose 1	SCIENCE with LAB	BIO1020/1021, BIO1120/1121, BIO1130/1131, BIO1200/1201, BIO1210/1211, BIO1400/1401, BIO1500/1501, CHE1100/1101, CHE1110/1111, PHY1010/1011, PHY1020/1021, PHY1030/1031, PHY1050/1051 <i>BIO1250/1251 for Health Science majors only</i>	
*OPTION: Choose 1	SCIENCE with/without LAB (Choose this option OR a 3 rd INT, Category 3)	BIO1020/1021, BIO1120/1121, BIO1130/1131, BIO1200/1201, BIO1210/1211, BIO1400/1401, BIO1500/1501, CHE1100/1101, CHE1110/1111, PHY1010/1011, PHY1020/1021, PHY1030/1031, PHY1050/1051 <i>BIO1250/1251 for Health Science majors only</i>	
Content Category #2: Understanding Self and Others			9 credits
Requirements: 1 course in each category: Self Context (3 cr), US Context (3 cr), Global Context (3 cr)			
Choose 1	Self Context	AAL1200, PSY1200, SOC1100	
Choose 1	US Context	ECO1401, ECO1402, HST1510, HST1520, PCH1030, POL1400, SOC1400	
Choose 1	Global Context	ECO1010, HST1400, HST1410, IBS1420, PCH2030, POL1500, SOC2650	
Content Category #3: Exploring Interdisciplinarity			9 or 12 credits*
Requirements: ENG1202/1602 (3 cr) AND 2 (or 3*) Interdisciplinary (INT) courses (6 or 9 cr)			
Choose 1	Analytical Writing	ENG1202 or ENG1602	
Choose 2	Interdisciplinary courses	AIC3100, EXS1200, INT1500, INT1600, INT2100, INT2125, INT2200, INT2350, INT2400, INT2460, INT2540	
*OPTION: Choose 1	Interdisciplinary: a 3 rd INT course (OR a science course, Category 1)	AIC3100, EXS1200, INT1500, INT1600, INT2100, INT2125, INT2200, INT2350, INT2400, INT2460, INT2540	
Content Category #4: Exploring the Arts and Humanities			9 credits
Requirements: 1 course in each category: Arts (3 cr) and Humanities (3 cr)			
Choose 1	English Composition	ENG1200, ENG1201 or ENG1601	
Choose 1	Arts	ART1000, COM2460, COM3290, ENG2325, MUS1000, MUS1020, THR1400, THR1420, VDA2640	
Choose 1	Humanities	ENG2390, ENG2410, ENG2420, ENG2430, ENG2510, ENG2520, ENG3200, ENG3210, ENG3430, ENG3440, ENG3800, ITL1000, PHI1000, PHI1200, PHI1400, PHI2010, SPA1010, SPA1100, SPA1201, SPA1202	
Content Category #5: Developing Professional Readiness			5 or 7 credits
Requirements: APEX 1 – 4 (5 cr) OR AIC1100 (3 cr) & AIC			
Choose 1	APEX or ACE	AIC1100 (3 cr) or AIC1140 (1 cr)	
Choose 1	APEX	AIC2142 (2 cr)	
Choose 1	APEX	AIC3140 (1 cr)	
Choose 1	APEX	AIC4140 (1 cr)	
Choose 1 (AIC Online or RN to BSN programs only)	APEX for special programs	AIC Online program only: AIC4141 (3 cr) AIC RN to BSN program only: NUR4600 (3 cr)	