

American International College
School of Health Sciences: Public Health Major
Traditional Curriculum Plan - APEX

Freshman		credits
I.	ENG 1201 or 1601 Composition (<i>Exploring the Arts & Humanities</i>)	3
	BIO 1100 General Biology I (<i>Exploring the Scientific World</i>)	4
	PSY 1401 General Psychology (<i>Understanding Self & Others</i>)	3
	<i>Understanding Self & Others (1 Self Context, 1 US Context, 1 Global Context)</i>	3
	APEX 1: AIC1140 (1 cr.) or AIC1100 (3 cr.) (<i>Dev. Professional Readiness</i>)	1-3
	TOTAL:	14-16
II.	ENG 1202 or 1602 (<i>Exploring Interdisciplinarity</i>)	3
	<i>Exploring the Arts & Humanities (1 English, 1 Arts, 1 Humanities)</i>	3
	BIO 1110 General Biology II (<i>Exploring the Scientific World</i>)	4
	SOC 1100 Introduction to Sociology (<i>Understanding Self & Others</i>)	3
	TOTAL:	13
Sophomore		
I.	PCH 1030 Introduction to Public Health	3
	PSY 2302 Statistics or MAT 2004 (<i>Exploring the Scientific World</i>)	3
	ELECTIVE #1 (Microbiology suggested)	3
	ELECTIVE #2	3
	ELECTIVE #3	3
	APEX 2: AIC2140 (<i>Dev. Professional Readiness</i>)	1
	TOTAL:	16
II.	SOC 3440 Sociology of Health and Illness *	3
	ELECTIVE #3	3
	<i>Exploring the Arts & Humanities (1 English, 1 Arts, 1 Humanities)</i>	3
	PCH 2040 Epidemiology	3
	<i>Exploring the Arts & Humanities (1 English, 1 Arts, 1 Humanities)</i>	3
	TOTAL:	15
Junior		
I.	PCH 2030 Global Health (<i>Understanding Self & Others</i>)	3
	PCH 3630 Community Health Promotion	3
	ELECTIVE #5	3
	ELECTIVE #6	3
	HCM 2200 American Health Care System *	3
	APEX 3: AIC3140 (<i>Dev. Professional Readiness</i>)	1
	TOTAL:	16
II.	PSY 2610 Health Psychology *	3
	PCH 3250 Environmental Health	3
	ELECTIVE #7(PCH 3066 Internship Suggested)	3
	ELECTIVE #8	3
	ELECTIVE #9	3
	TOTAL:	15
Senior		
I.	PCH 4899 Capstone in Public Health	3
	PCH 3632 Program Planning and Evaluation	3
	ELECTIVE #10	3
	ELECTIVE #11	3
	ELECTIVE #12	3
	APEX 4: AIC 4140 (<i>Dev. Professional Readiness</i>)	1
	TOTAL	16
II.	PCH 4430 Seminar in Public Health	3
	ELECTIVE #13 (PCH 3031 PH Policy Suggested)	3
	ELECTIVE #14	3
	ELECTIVE #15	3
	ELECTIVE #16	3
	TOTAL	15
GRAND TOTAL		120-122

*Other courses that may be substituted for any of these: HCM 3230, HCM4240, PCH 3800, or any biology or chemistry course at or above the 2000 level. *General Education Requirements (42-45 credits)*