

1000 State Street | Springfield, MA 01109 | 413-737-7000 | aic.edu

Health Requirements for the 2024-2025 Academic Year

1. Immunization Requirements: apply to all students who attend any classes or activities on campus.

Tdap	1 dose; given within the last 10 years.
Hepatitis B	3 doses; or laboratory evidence of immunity acceptable; or 2 doses of Heplisav-B given on or after 18 years of age are acceptable.
MMR	2 doses; first dose must be given on or after the 1 st birthday and second dose must be given ≥28 days after first dose; or laboratory evidence of immunity acceptable (positive titers).
Varicella	2 doses; first dose must be given on or after the 1 st birthday and second dose must be given ≥28 days after first dose; or a reliable history of chickenpox documented by a medical provider; or laboratory evidence of immunity acceptable.
Meningococcal	1 dose; 1 dose MenACWY (formerly MCV4) required for all full-time students 21 years of age or younger. The dose of MenACWY vaccine must have been received on or after the student's 16 th birthday. Doses received at younger ages do not count towards this requirement. Students may decline MenACWY vaccine after they have read and signed the MDPH Meningococcal Information and Waiver Form. Meningococcal B vaccine is not required and does not meet this requirement.

- **2. Physical Exam:** All students must submit an annual physical exam completed by a licensed medical provider.
- **3. Student Health Insurance Program (SHIP) Enrollment or Waiver**: to be completed every year online through the Office of Student Accounts at: https://www.universityhealthplans.com/aic.
- **4. Tuberculosis (TB) Screening Questionnaire:** If you answered "yes" to any of the <u>screening questions</u>, please submit a copy of negative IGRA results prior to arriving to campus.

Additional Requirements for Student-Athletes will be communicated via email:

	1
	Pre-Participation Screening Form completed in ARMS.
	Physical exam conducted within the six months prior to beginning participation in intercollegiate athletics. For example, if your preseason starts September 1, 2024, your physical needs to be conducted on or after March 1, 2024.
	Sickle cell trait screening/solubility blood test (newborn screening, Sickledex or Hemoglobin S).
	Medical Clearance Form from your physician (if you have been injured or had surgery within the past year).
	A copy of your health insurance card (front and back) emailed to Athletic.Training@aic.edu .
Addit	ional Requirements for Health Science Students (Nursing, PT, OT):
	2-step Mantoux (TB skin test/PPD), QuantiFERON-TB Gold, or T-Spot.
	Seasonal Influenza (flu) vaccine.

Completed health forms must be uploaded to your AIC Patient Portal at:

https://aic.medicatconnect.com/